



Module 7 – Understanding Kidney Lab Tests

Electrolyte Family:

Helps my muscles and nerves work properly

Be aware of limits set at your center—they may be different!

Name of Test	Target Range	Record Tests			
Calcium (Ca²⁺)	<ul style="list-style-type: none">• 8.6 to 10 mg/dL: healthy people• 8.4 to 10 mg/dL: people on dialysis	Date: _____ Level: _____	Date: _____ Level: _____		
		Date: _____ Level: _____	Date: _____ Level: _____		
		Date: _____ Level: _____	Date: _____ Level: _____		
Phosphate (P)	<ul style="list-style-type: none">• 2.5 to 4.5 mg/dL: healthy people• 3.5 to 5.5 mg/dL: people on dialysis	Date: _____ Level: _____	Date: _____ Level: _____		
		Date: _____ Level: _____	Date: _____ Level: _____		
		Date: _____ Level: _____	Date: _____ Level: _____		
Potassium (K⁺)	<ul style="list-style-type: none">• 3.5 to 5.3 mEq/L: healthy adults• Less than 6.0 mEq/L: people on dialysis	Date: _____ Level: _____	Date: _____ Level: _____		
		Date: _____ Level: _____	Date: _____ Level: _____		
		Date: _____ Level: _____	Date: _____ Level: _____		
Sodium (Na⁺)	<ul style="list-style-type: none">• 135 to 145 mEq/L: healthy people and people on dialysis	Date: _____ Level: _____	Date: _____ Level: _____		
		Date: _____ Level: _____	Date: _____ Level: _____		
		Date: _____ Level: _____	Date: _____ Level: _____		